



## CENTRAL ILLINOIS RIDING THERAPY

A VOLUNTARY, NON-PROFIT ORGANIZATION PROVIDING RIDING THERAPY FOR PEOPLE WITH DISABILITIES.

305 Neumann Drive, East Peoria, IL 61611 309-699-3710 fax 309-699-4696 [www.cirt.info](http://www.cirt.info)



Dear Potential Rider and Parents/Caregivers,

Thank you for your interest in our program. We are planning on starting classes in April. April will be limited to those who were able to ride last year. May we will be opening to all previous riders and hopefully (fingers crossed) we will be back to full capacity by June and welcoming new riders.

Since 1983, we have provided quality, effective, and enjoyable therapeutic horseback riding to our community.

Central Illinois Riding Therapy (CIRT), a non-profit, is accredited by the Professional Association of Therapeutic Horsemanship International (PATH Intl.). Our program's superior level of adherence to national industry standards and guidelines has earned the "Premier Accredited Center" designation.

No person can be accepted for therapy until all forms have been completed by the parent/guardian. If the patient is of legal age and mentally competent, he/she may complete the forms without parent's or guardian's signature. CIRT requires a Medical History & Physician's Statement **to be filled out by Physician**. **\*\*\*New this year all participants with Down Syndrome must have an annual medical clearance from a licensed physician that includes a neurological exam that specifically denies any symptoms consistent with atlantoaxial instability (AAI).**

### Complete and return the following:

- Rider Registration & Health History
- Authorization for Emergency Medical Treatment
- Medical History & Physician's Statement (To be filled out by Physician)
- Waiver and Release of Liability
- Fee Agreement
- Session Registration
- Show Schedule
- Registration fee of \$30 (payable to CIRT)
- Lesson Information
- Consent for Release of Information
- Covid Release

### Keep for reference:

- Lesson Information
- A CIRT annual calendar for the current year

After we receive the completed forms and registration fee, a rider orientation will be scheduled with you. This session should not take more than 30 minutes.

At this session a therapist, working with a certified instructor, will evaluate the rider's abilities and needs. Together, they will establish goals and determine which horse, tack, and lesson format will help the rider achieve the greatest benefit from therapeutic riding.

When the written evaluation is completed and reviewed, you will be contacted to schedule a lesson time. Your scheduling preference will be taken into account, though this is dependent upon the existing schedule. Please keep in mind that you may have to be put on a waiting list until any or a more optimal time becomes available.

Please contact us via phone or e-mail with your questions or concerns.

We look forward to working with you!

Sincerely,

Jenna Walker, Program Director/Instructor, [cirt@cirt.info](mailto:cirt@cirt.info)